

Punjab Police Jail Warder & Matron Exam Syllabus Subject Wise

Punjab Police Jail Warder Exam Pattern 2021

- The examination will be objective type.
- The question paper will have 100 questions.
- Each question will be one mark.
- Written exam will be 100 Marks.
- Written exam time duration will be 75 Minutes.
- Minimum passing marks will be 40% in the examination.
- Negative Marks will be $\frac{1}{4}$ Marks.

Subject	Questions	Marks
GK	30	30
Quantitative Aptitude/ Reasoning	25	25
English	15	15
Punjabi	15	15
Computer	15	15
Total	100 Questions	100 Marks

Syllabus for General Knowledge (GK)

- Current Affairs
- Social Science
- History
- Geography
- Political Science Civics & Economies
- General Science
- Sports
- Famous Books and Authors
- Famous Days and Dates
- Country and Capitals
- Indian State and Capitals
- Festivals and Folk Dance
- Indian & Punjab Culture
- Famous Places in India & Punjab
- Others

Syllabus for Reasoning

- Number Series
- Relationship Concepts
- Visual Memory
- Tables
- Puzzles
- Statement & Conclusion

- Logical Problems
- Similarities and Differences
- Arithmetical Reasoning

Syllabus for Mathematics

- Number System
- BODMAS
- Decimals
- Fractions
- LCM & HCF
- Percentage
- Ratio and Proportions
- Mensuration
- Time and Distance
- Time and Work
- Profit and Loss
- Simple and Compound Interest
- Algebra
- Geometry and Trigonometry
- Square Root
- Age Calculations
- Calendar and Clock
- Elementary Statistics

Syllabus for English & Punjabi

English

- Grammar
- Fill in the Blanks
- Reading Comprehension
- Paragraph Completion
- One Word
- Antonyms & Synonyms

Punjabi

- ਸਮਾਨਾਰਥੀ
- ਵਿਰੋਧੀ ਸ਼ਬਦ
- ਸ਼ਬਦਾਵਲੀ
- ਖਾਲੀ ਸਥਾਨ ਭਰੋ
- ਵਿਆਕਰਣ

Syllabus for Computer Knowledge

- Computer Organization
- RAM, ROM
- File System
- Input Devices
- Computer Hardware & Software
- Operating System
- Basic of Computer
- Computer History
- Internet
- CPU
- Networking
- Internet Surfing
- Microsoft Office
- Toolbars
- Search Engines
- Others

Physical Measurement Test (PMT)

For Jail Warder Posts

Minimum Height

- 5 Feet 7 Inches
- 5 Feet 4-1/2 Inches in Case of Dogras and Gurkhas

Chest – 33' Unexpanded 34-1/2' expanded

For Matron Post

Minimum Height – 5 Feet 3 Inches

Weight – 50 Kg and above

Physical Efficiency Test (PET) for Jail Warder

For Male Candidates

Event	Eligible Time
100 Meters Run	15 Second (Only One Chance)
Short Put (7.26 Kg) (16 Pound)	5.50 Meters (Three Chances)
Rope Climbing	15 Feet (Three Chances)

For Ex-Servicemen Candidates (Male)

Event	Eligible Time
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100 Meters Run	17.5 Second (Only One Chance)
Short Put (7.26 Kg) (16 Pound)	5.00 Meters (Three Chances)
Rope Climbing	12 Feet (Three Chances)

For Matron Post (PET)

For Female Candidates

Event	Eligible Time
100 Meters Run	18.5 Seconds (Only One Chance)
Shot Put (5.443 Kg) (12 Pound)	4.00 Meters (Three Chance)
Rope Climbing	12 feet (Three Chance)

For Ex-Servicewomen Candidates (Female)

Event	Eligible Time
100 Meters Run	20.0 Seconds (Only One Chance)
Shot Put (5.443 Kg) (12 Pound)	3.5 Meters (Three Chance)
Rope Climbing	10 feet (Three Chance)